



VIRTUAL BOOK CLUB

The Art of Letting Go By: Rania Naim

Facilitated by: Kathleen Kenney, LCSW, CADC
Barrington Behavioral Health & Wellness

First & Third Tuesday of Each Month

10:00 AM to 11:15 AM on Zoom

All are Welcome to Join at Any Time!

Join us for a free, virtual interactive book club! New chapters are read together out loud during each book club session followed by a discussion about the material. This means you can join any time and can be included even if you cannot read the material on your own. In addition, we share information about other books we have read. Enjoy a hot cup of coffee, good conversation, and warm up to new friends. We collaborate on which books we choose. This is not meant to be a support group, although we are supportive of each other. This is a different kind of book club. Feel free to join us and try the experience out. We realize this group may not be for everyone, but everyone is welcome.

Buy or borrow the book from your local library, or it can be found free on Amazon

Please join us! Please RSVP to receive the Zoom link to join.*

Once you register, you will be on the registration list for all future book clubs

*Each link for the first Tuesday and Third Tuesday will always be the same

REGISTER NOW



or contact

847-462-0885 | events@elderwerks.org

