

IPS HEALTH EQUITY & ANTI-RACISIM COMMITTEE (HEAR-C)

The Carl C. Bell Memorial Award 2025

ESSAY COMPETITION

2025 TOPIC QUESTION:

How do you experience your community whether it is local, national, social media based?

Discuss how your sense of belonging within your community changed or evolved recently with the epidemic of loneliness or other societal stressors.

Discuss solutions to encourage or inspire belongingness to make your community more secure and/or open to others

AWARD PRIZE:

First Place award recipient will receive a:

\$500 cash prize!

Plus, their submission will be presented at the 2023 IPS Annual Meeting, and published in "Mind Matters," the official IPS publication.

Second and Third place award recipients will receive a \$250 cash prize.

SUBMISSION GUIDELINES:

Deadline for Essay Submissions: May 15, 2025

- Open to ALL Illinois High School Students. (Must live and/or go to school in Illinois.)
- Submissions containing profanity or intolerance of others will be discarded.
- It is preferred for the papers to be type-written but neat handwriting will also be accepted.
- Papers should be between 400-600 words maximum, double-spaced, and font size 12.
- **Completing the submission form which can be found by scanning the QR code is preferred.** If you are unable to use the submission form, a paper copy of the essay can be mailed to Illinois Psychiatric Society: 113 McHenry Rd, Ste 239, Buffalo Grove, IL 60089. In addition to the guidelines stated above, please provide the following information: Author's Full Name, Address, Contact Email Address and Phone Number, Age, Grade, School District, and Name of School.

ABOUT THIS AWARD:

The **Illinois Psychiatric Society (IPS)** was established in 1938 as a district branch of the American Psychiatric Association (APA), one of the first nationwide professional organizations in the U.S.

The Carl Bell Memorial Award was established to honor the late Carl Bell, M.D who was a remarkable psychiatrist and nationally known for his community psychiatry work, especially on the Southside of Chicago. Dr. Bell authored over 500 publications and was the recipient of many awards throughout his career. In addition to working on many national scientific boards, Dr. Bell was a vocal crusader for health equity and violence prevention in underserved communities, and a pioneer in alcohol research with developing our current understanding of the long-term effects of in-utero alcohol exposure. He was a well-respected and beloved teacher, colleague, mentor and clinician. Thus, the Carl C. Bell Memorial Award was developed in his honor to continue to fight for mental health equity, end community violence and inspire our youth for future greatness.

Scan the QR code to submit your essay!

