

# Home Safety and Injury Prevention for Seniors



**Every year, 14 million seniors, one in four, will have a fall or injury in their home. Most falls can be prevented. Is your home as safe as it could be? Do you know the injury warning signs and when to seek out medical help?**

Date: May 31, 2024

Time: 12:00pm-1:00pm

Location: Vista Medical Center East,  
1324 North Sheridan, Waukegan, IL, 60085,  
Ground Floor Conference Room

## Meet Your Presenters

**The Vista Emergency Services Leadership Team:** With over fifty years of combined experience in Emergency Medicine, the Vista Health System Emergency Medicine team has a passion for preventing life altering injuries. Learn from Emergency Services Medical Director, Bruce MacKenzie, MD; Emergency Services Director, Michelle Hintz, RN; Emergency Services Manager, Kurt Koesser, RN; Trauma Coordinator, Theresa Lichon, RN and EDAP Coordinator, Val Jouett, RN, the most common injuries that occur to seniors in their home and when it is necessary to seek emergency treatment.

**Jennifer Olsen, COTA** has been working in Long Term Care, Home Health, and Post Acute settings for 10 years. She is currently the Director of Rehabilitation for Terrace Nursing Home in Waukegan. She is passionate about aging in place, home adaptations, home safety and helping her patients navigate the turbulence of change that trauma and debility can bring.

Did you know May is National High Blood Pressure Month?

Coming to the program? Vista Physician Group will have a Medical Assistant on site to check blood pressures!

Registration: Please call (847)360-4008 or email [naomi.blackburn@amhealthsystems.com](mailto:naomi.blackburn@amhealthsystems.com) with your name and phone number to register.