

# Moving Caregivers from “I Give Up” to “I GOT THIS!”

Motivational tools that every caregiver  
needs to thrive with confidence

Tuesday, November 30  
from 1-2:30 PM

Register for the virtual event at  
[bit.ly/ageguide-caregiver-seminar](https://bit.ly/ageguide-caregiver-seminar)

Sponsored by



alzheimer's   
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**AARP**<sup>®</sup>  
Illinois

**with Loretta Veney**

Registered attendees will receive  
a **FREE** autographed copy of

Loretta's book

*Refreshment for the Caregiver's Spirit*

