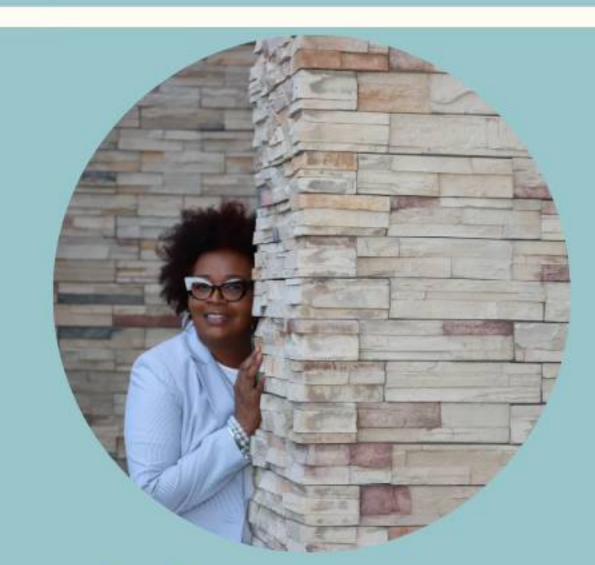
## July is National Minority

Mental Health
Awareness Month

Come and join the MMOMHB!

### Save The Date!



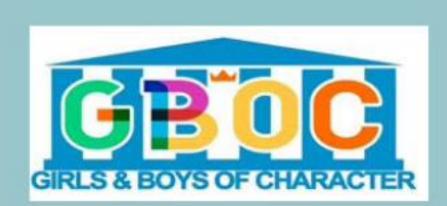
# Minding My Own Mental Health Business Because / Matter!

#### Join us as we discuss the following:

- What is Mental Health?
- Mental Health in our culture, removing the stigma.
- Mental Health and diet.
- Mental Health tools will be provided.









## Saturday

10:00 am -2:00 pm 222 N. County St. Waukegan, IL 60085

Registration is required.
For information call: 224-304-4060