



# Grow Healthier Food At Home

## Join us for Seed Starting Fundamentals Workshop

Adults | All Experience Levels

**Saturday, March 14th**  
1 – 3 pm

### Why Attend?

- Learn seed starting fundamentals
- Get resources for success
- Receive hands-on instructions
- Take home a planted tray of seeds



**RSVP** using the QR code  
or call us  
847.546.1446



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