

Virtual Book Club

Friday, June 4 @ 1 pm

Open to those 60+

RSVP: Kari Pohar—847-740-6708 or

kpohar@catholiccharities.net

We're going to be reading **Edgar Allan Poe & the London Monster by Karen Lee Street**. The book is available: local library, Hoopla & Grayslake Library reserved (Catholic Charities Senior Book Club). Contact your library for current lending status.

This program will be good for video or audio only

www.Zoom.com

Meeting ID: 945 0481 3441 | Passcode: 377510

Call in: 1 312 626 6799 | Meeting ID: 734 215 2035

Expressing Grief Through Art

Open to Seniors 60+ | Asking Donation

Tuesday June 8th @ 10 am

RSVP: Kari Pohar—847-740-6708

KPohar@CatholicCharities.net

Grief is hard & sometimes there are no words to describe what we are feeling & experiencing. In this interactive presentation you will learn more about the positive benefits of art therapy, how it can help you cope & express as a grieving individual. **Supplies needed:** paper, pencil and crayons/markers/colored pencils/pens

Virtual Program with phone call options

www.Zoom.com

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Virtual Hollywood Squares

Friday June 25 @ 2

Open to those 60+ | Asking Donation

RSVP: Kari Pohar—847-740-6708 or

kpohar@catholiccharities.net

We need 11 people to play! So bring a friend! 2 people will play as “contestants” and the other 9 will be “celebrities” and we’ll play a virtual Hollywood Squares game! RSVP today!

Join us

[Www.zoom.us/join](http://www.zoom.us/join) | Call in: 1 312 626 6799

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Link can be emailed



Let's Review Zoom!

Let's review some topics on Zoom basics. Each meeting, we'll cover a topic to help you become more confident in using Zoom.

Need help your first time on Zoom?

Call me! I'm happy to help!

Website: www.zoom.us/join

Call in number: 312-626-6799

Meeting ID: 945 0481 3441 | Passcode: 377510

Dates & Topics:

June 2nd @ 1 pm—Chat Feature

June 9th @ 1 pm—Pins & Other Options

July 7th @ 1 pm—In Meeting options

May 12 @ 1 pm—Video Sharing

RSVP or Questions to Kari Pohar

847-740-6708 | kpohar@catholiccharities.net





Popcorn Worthy Movies

Wednesday June 2nd @ 2 pm

Www.Zoom.us/join

Dial by your location

Meeting ID:734 215 2035

1-312-626-6799

Passcode: 7c2nME

Meeting ID: 734 215 2035

Movie of the Month: The Prestige (2006 - PG-13)

Available: Local Library, TubiTV

RSVP: Kari Pohar—kpohar@catholiccharities.net

847-740-6708

What to do: Watch the movie on your own. Borrow from a friend/family/library. Then we'll discuss the movie, hear some trivia and you decide if it's popcorn worthy.



Abraham Lincoln & Waukegan

Monday June 7th @ 10 am

Open to those 60+ | Asking Donation

RSVP: Kari Pohar—847-740-6708 or
kpojar@catholiccharities.net

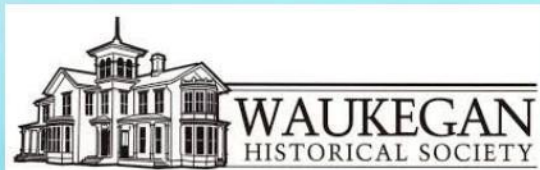
Did you know that Abraham Lincoln spent some time in Waukegan? Let's learn about his time there from the Waukegan Historical Society.

Virtual Program with phone call options

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Virtual Movie Trivia

Tuesday June 8 @ 2 pm

Open to those 60+ | Asking Donation

RSVP: Kari Pohar—847-740-6708 or

kpohar@catholiccharities.net

Think you know movies? Test your knowledge with this movie trivia game! Quotes, movie photos, audio clips will be used in this trivia game.

Join us

Www.zoom.us/join | Call in: 1 312 626 6799

Meeting ID: 945 0481 3441 | Passcode: 377510

Link can be emailed



Murder Mystery Party

Friday June 11 @ 2 pm

Open to those 60+ | Asking Donation

RSVP: Kari Pohar—847-740-6708 or

kpohar@catholiccharities.net

You are cordially invited to a murder mystery party!

Each person will be sent a character that they will attend as. Costumes/dressing up is optional but encouraged! During the party, the Butler Kicks The Bucket and we have to discover who did it! Up to 15 players!

Join us

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Link can be emailed





Spelling Bee



Monday June 28th @ 2 pm

Open to those 60+ | Asking Donation

RSVP: Kari Pohar—847-740-6708 or

kpohar@catholiccharities.net

Feel like you're a great speller? Feel like you need a challenge? Join us for a Seniors Only Spelling Bee! Words will be used from the Merriam-Webster's Collegiate Dictionary, Eleventh Edition.

Join us

www.zoom.us/join | Call in: 1 312 626 6799

Meeting ID: 945 0481 3441 | Passcode: 377510

Spy Apprentice Escape Room

Tuesday June 22 @ 10 am

Open to those 60+ | Asking Donation

RSVP: Kari Pohar—847-740-6708 or

kpohar@catholiccharities.net

This spy themed room takes you around the world (virtually, of course) solving clues.

Escape Rooms are popular with people of any age! You are “locked” in a room and have to solve puzzles to get out.

Join us

www.zoom.us/join | Call in: 1 312 626 6799

Meeting ID: 945 0481 3441 | Passcode: 377510

Link can be emailed



Lake County Bird Trivia

Tuesday May 25 @ 10 am

RSVP: Kari Pohar—847-740-6708 or
kpochar@catholiccharities.net

Open to Seniors 60+ | Asking Donation



Think you know birds? Test your knowledge with photos, videos and audio of birds that are native to Lake County.

What bird is this?

Join us online!

www.Zoom.com | Call in: 1 312 626 6799

Meeting ID: 945 0481 3441 | Passcode: 377510

Link can also be emailed



Answer:
House finch



Let's Talk

Open to seniors 60+

Friday June 18 @ 2 pm | Wed June 23 @ 2

RSVP to Kari Pohar @ 847-740-6708 or
kpohar@catholiccharities.net

Got a problem you want to talk about? Want to meet people and chat (video or call in over the phone)? Need support and want others to listen? This program will be an open time for people to join in to talk with others from around the county. Let's get to know others and offer our support.

This program is virtual on Zoom!

www.Zoom.com | Call in: 1 312 626 6799

Meeting ID: 945 0481 3441 | Passcode: 377510

Link can be emailed



Online Safety Series

Mondays Beginning June 14th @ 1 pm

Open to those 60+ | Asking Donation

RSVP: Kari Pohar—847-740-6708 or

kpohar@CatholicCharities.net

This is a 3 week series. Each week, we will cover one of the following topics: Catfishing/Romance Scams, Gift Card Scams, Charity Scams, Losing Your Phone & Privacy & Social Media.

Program is offered online via Zoom—Call in available

Call in number: 312-626-6799

Website: www.zoom.us/join

Meeting ID: 945 0481 3441 | Passcode: 377510



Outsmart the Scammers

Thursday June 24th @ 1 pm

Open to those 60+ | Asking Donation

RSVP: Kari Pohar—847-740-6708 or

kpohar@catholiccharities.net

Join us as Casey Torrey presents on ways you can outsmart scammers and keep yourself safer . She will cover: 5 common fraud scenarios, red flags, resources, additional steps for protection and friend or fraud information

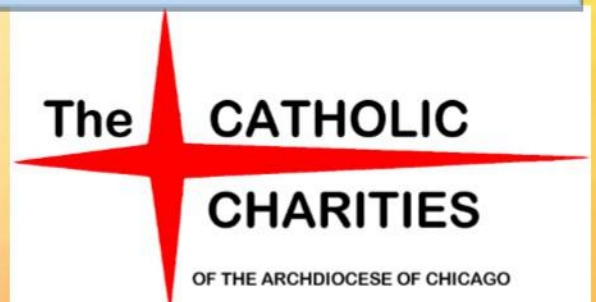
This program will be good for video or audio only

www.Zoom.com

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Call in: 1 312 626 6799 | Meeting ID: 734 215 2035

Edward Jones[®]



Paper Hyacinths

Friday June 11 @ 9 am

Open to Seniors 60+ | Asking Donation

RSVP: Kari Pohar—kpohar@catholiccharities.net

847-740-6708



Let's make paper hyacinths

Items needed: colored construction paper + green construction paper, glue/tape, Scissors, pencil,

***RSVP ahead of time for a kit to be picked up at one of our offices**

www.Zoom.com | Call in: 1 312 626 6799

Meeting ID: 945 0481 3441 | Passcode: 377510

Link can be emailed to you



Funded by:



Funding does not cover all the costs for this program. Donations are appreciated, however, no senior will be denied to register due to the inability to

Talent Show

Monday June 21 @ 2 pm

Open to those 60+ | Asking Donation

RSVP: Kari Pohar—847-740-6708 or

kpohar@catholiccharities.net

Everyone has a talent. Reading poetry, juggling, dancing, sword fighting, singing just to name a few. We are inviting you to showcase what your talent is. The more creative and unique the better!

Join us

www.zoom.us/join | Call in: 1 312 626 6799

Meeting ID: 945 0481 3441 | Passcode: 377510

Link can be emailed



Tuesday June 15th

World Elder Abuse Awareness Day

Learn what you can do to make a difference



Website: www.zoom.us/join

Meeting ID: 945 0481 3441

Passcode: 377510

Dial in: 1 312 626 6799

One tap mobile

+13126266799,,94504813441# US

For information: Contact Kari Pohar

847-740-6708 or kpohar@CatholicCharities.net

World Elder Abuse Awareness Day will be filled with presentations by professionals discussing topics that will help you spot abuse in others and protect yourself.

Virtual Topics:

10 am: 5 things you can do to prevent elder abuse

11 am: Financial Abuse—What are the signs/red flags? Presented by Alan Friedlander—FinancialServices4me

1 pm—Powers of Attorney—Why they're important and who to choose (and not choose). Presented by Tim Rout—Prairie State Legal

2 pm—Caregiver Stress—What is it and how does it relate to Elder Abuse?
Presented by Rev. Dr. Jane Clark



**Only have a phone? Call in
feature available!!**





A MATTER OF
BALANCE

MANAGING CONCERNS ABOUT FALLS

8 Week Fall Prevention Program

Mondays Beginning April 5th @ 1-3 pm

Open to those 60+ | Ambulatory

Concerned About Falls | Asking Donation

RSVP: Kari Pohar—847-740-6708 or

kpohar@catholiccharities.net

Do you have concerns about falling? Would you like to learn more about how to reduce the fear of falling? This class uses exercise and education to help lower the risk of falls and fear of falling.

This program is being held online:

www.Zoom.com

Meeting ID: 734 215 2035 | Passcode: 7c2nME

Call in: 1 312 626 6799 | Meeting ID: 734 215 2035

