

# THE HAP FOUNDATION'S Lynda P. Bollman Pediatric Hospice and Palliative Care Parent Support Group

Lynda P. Bollman's Parent advisory committee understands the fluid schedule for parents of children with medical complexities and/or childhood cancer. Subsequently, they decided to offer two groups a month, one in the afternoon and one in the evening in attempt to accommodate parents need for flexibility. The 2025 parent support group schedule, along with each month topics are below. We hope you view these identified topics as a foundation if a participant does not possess a pressing need, or the conversation is not taken into a different direction. We appreciate your understanding for our need to be flexible in this arena. This is an open group so new participants are welcome anytime.

## HOW TO JOIN

#### Location:

Zoom

## **Participant Needs:**

A computer or phone with access to Zoom.

## **Support Group Days:**

2nd Monday and Tuesday of every month.

#### Length:

One hour with potential for 90 minutes based on need.

#### Time:

Monday meetings will be at 12:00 PM Tuesday meetings will be at 6:00 PM

## **Monday Zoom Link**

zoom.us/j/91932982959?pwd=x6Kcws2vVnbP1ZzeddrcK7XqnQSVsK.1

Meeting ID: 919 3298 2959

Passcode: 422520

## **Tuesday Zoom Link**

zoom.us/j/92944831598?pwd=XhyiTD8BIzebtyRBwbKI5jevmQwtSF.1

Meeting ID: 929 4483 1598

Passcode: 643045

## **Monday Zoom**



**Tuesday Zoom** 



# MEETING SCHEDULE

#### JUNE MEETING

Topic: Community Resources across the board Monday 6/9/25 Tuesday 6/10/25

## JULY MEETING

Topic: How to find your voice as an advocate *Monday 7/14/25* 

Tuesday 7/15/25

#### **AUGUST MEETING**

Topic: Program and process specific advocacy Monday 8/11/25 Tuesday 8/12/25

## SEPTEMBER MEETING

Topic: Family/other relationships. How to foster relationships during this season.

Monday 9/8/25 Tuesday 9/9/25

# OCTOBER MEETING

Topic: Communication across relationships. Age-appropriate communication, speaking with siblings, non-verbal vs verbal communication, discussing medical needs, and more

Monday 10/13/25 Tuesday 10/14/25

# **NOVEMBER MEETING**

Topic: Preparing and coping with the holidays *Monday 11/10/25* 

Tuesday 11/11/25

## DECEMBER MEETING

Topic: Caregiver Strain and self-care

Monday 12/8/25 Tuesday 12/9/25

# JANUARY MEETING

Topic: All things advanced directives - POLST, EOL

decisions, funeral planning

Monday: 1/12/26 Tuesday: 1/13/26

