



SLEEP & HEART HEALTH PRESENTATION

**Learn How Your Sleep Habits Affect Your Heart Health
and What You Can Do About It!**



Meet Your Presenters:

Dr. Anil Pattisapu, MD, Sleep Medicine, Vista Physician Group
Kimberly Olsen, Manager, EEG/Sleep Lab, Vista Health System

Date: March 22, 2024

Time: 1pm to 2pm

Location: Vista Medical Center East Ground Floor Conference Room,
1324 North Sheridan, Waukegan, IL 60085

Please call 847-360-4008 to save your spot!