



"WALK TOWARDS WELLNESS"

BREAKING STIGMA, BUILDING STRENGTH



LAKE COUNTY ROSC COUNCIL IN-PERSON MEETING

THURSDAY MAY 22, 2025

NIRCO HUB- 202 S. GENESEE ST.

WAUKEGAN IL 60085

10:30AM-12PM



LAKE COUNTY RESIDENTS, FAMILIES, AND COMMUNITY PARTNERS!

Join us for an in-person ROSC Council meeting where the inspiring Ebony Cox, MSC will deliver a powerful presentation on mental health. Together, we will challenge misconceptions, foster understanding, and spark change. Following this impactful discussion, we'll unite for a "Walk Towards Wellness"—a bold stride toward raising awareness and breaking the stigma that surrounds mental health. Let's declare together: "Silent no more!" This is your opportunity to be part of a movement that uplifts, empowers, and transforms lives.



YOUR PRESENCE MATTERS

LET'S WALK TOWARDS WELLNESS TOGETHER.

For More information on this please reach out
(847) 662-3205 | byoung@nircolakecounty.org